

OUR COMMUNITY Newsletter

April 2022 | Adar II - Nissan 5782



Jewish Federation
OF ST. JOSEPH VALLEY

Purim Carnival Highlights!



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Passover Appeal

Help us ensure no one goes
without a meal this Passover!
TheJewishFed.org/Passover

Minute With Moshe

Exodus & the Nature of Change

In March, I spoke about innovation as a team sport – and how our ideas and aspirations are the driving force.

Today, just a few weeks later, Russia has violated Ukraine. The world as we knew it, including our own Federation, has changed.

Prior to the Russian attack, experts predicted Ukraine would fall within 48 hours. Vladimir Putin and his armies counted on it.

As of my writing today, it has been nearly 2 weeks since the hostile incursion began. Russia continues to wreak havoc on the people of Ukraine. But the resolve of our friends in Ukraine and their love for freedom, has frustrated the Russian advance at nearly every turn.

Only God knows what is to come. But even in the absence of ‘no-fly’ zones and boots on the ground, experts across the globe are accepting that we’ve entered a renewed Cold War with Russia. Some even say it’s the beginning of World War III.

Yes, it is frightening. But there is also promise.

Pesach is just days away. And we are reminded of our obligation to recount the story of Exodus – how men, women and children fled the tyranny and slavery of Egypt.

This real-world struggle for independence and freedom was a definitive moment in Jewish history. It forms the basis for our moral orientation today.

To wit, the plight of Ukraine reminds us that the crushing oppression Israelites were subjected to as strangers and slaves continues. And just as “The children of Israel groaned under the burden of work, and they cried out,” let us cry out again on this Passover:

“Nation shall not lift up sword against nation, neither shall they learn war anymore” (Isaiah 2:4).

None of us are immune from eternal challenge and change. At the Federation, we too accept challenge and undergo change.

Rabbi Nebel continues on-boarding as our new Jewish Family Services Director. Our hybrid Purim Carnival was very successful. And as your Executive Director, I continue to engage groups and individuals in the kind of critical and creative thinking that allows us to reimagine our shared future.

Now, I must tell you of a significant change in leadership at the Federation. Allen Stenberg, Director of Community Engagement, is departing us to pursue other career opportunities in our local community.



While we will all miss him as a vital member of the Federation leadership team, he is not going far. Allen will remain with us in spirit each day, and continue to serve as a valuable resource for the Federation and our entire Jewish community.

Personally, I will miss Allen as a colleague and confidant. He is a gifted young executive whose professional acumen is complemented with a kind and

gentle spirit.

Allen has employed the tools of his craft with aplomb. His artistry, coupled with a genuine passion for Jewish life, leaves a lasting impact on our community.

His tireless work propels the Federation to a much improved, more fit, and stronger position from a communications and programming perspective. To mention just a few of his accomplishments, Allen:

- Upgraded Our Community Newsletter (OCN) into a polished, engaging flagship publication
- Established our social media presence with a significant footprint, tripling our engagement
- Created a totally new, user-friendly, visually engaging website platform that has allowed us to take in over \$40,000 in donations since it’s launch
- Worked productively with all Federation departments, CRC, JFS, and Programming, to effectively energize our mission to engage the community in meaningful ways; and last but not least, he
- Made me a better leader and was instrumental in getting our “groove” back at the Federation as we look forward to accelerating this trajectory to a brighter Jewish future

As our world continues to change, please join me in thanking Allen for all he has done and will continue to do for our community. We wish Allen success in all his endeavors. Chag Pesach Sameach to you Allen – and also to our entire Jewish community.



Moshe Kruger

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CRISIS IN UKRAINE

ACT NOW

Our community has raised over \$11,000. Please help us get to \$18,000!

As the crisis in Ukraine escalates, thousands have come under fire in areas across the country. Thousands more have fled the fighting. Federations are planning to allocate millions of dollars to our partner agencies on the ground. Immediate and short term needs already total about \$20 million.

Visit TheJewishFed.org/Ukraine
to lend your support!



Preventing Antisemitism

The Federation’s Holocaust Education Speaker’s Bureau

Over the past several years, we have seen a significant rise in hate crimes in America. The American-Jewish community has been especially hit hard by this dangerous trend. According to the 2020 report of the Federal Bureau of Investigation (FBI), hate crimes targeting Jews comprised 54.9% of all religious bias crimes.

In their 2021 report on “The State of Antisemitism in America,” the American Jewish Committee (AJC) found, “One in four American Jews have been targeted by antisemitism over the past year, including 17% who were subjected to antisemitic remarks in person and 12% who experienced antisemitism online or on social media. One in four also said their Jewish institutions have been the targets of antisemitism over the past five years.”

In order to preempt and prevent this dangerous trend from growing in our Michiana community, our Jewish Federation has created a Holocaust Education Speaker’s Bureau to offer educational programming to our local schools.

We know from research that Holocaust education plays an important role in confronting this dangerous trend. The results of a 2020 survey by the ADL (the Anti-Defamation League) show, “... Holocaust education in high school reflects



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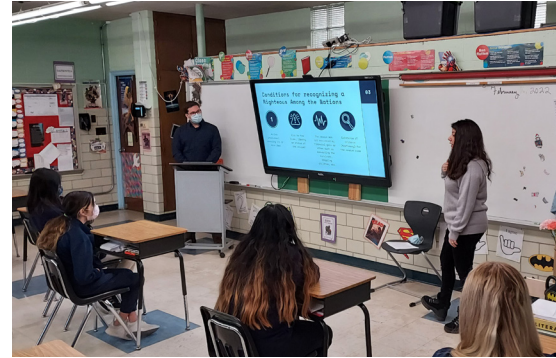
gains not only in historical knowledge but also manifests in cultivating more empathetic, tolerant, and engaged students.’

Our community is fortunate to have four excellent speakers whom we have offered to our local schools with a variety of topics.

Shirlee Greenwald offers a presentation on, “Heroism in the Holocaust: The Righteous Among the Nations.” Terry Tulchinsky offers a talk about his mother’s experiences titled, “We must Never Forget.” In his presentation Terry uses the video documentary, “The People Next Door” about local Holocaust survivors in combination with his mother’s story.

In his program, Dan Ravitch presents, “Eva’s Story- What If a Girl in the Holocaust Had Instagram?” This program combines a video presentation and a discussion to enable students to make a personal connection to their study of the Holocaust. And Sid Shroyer offers a presentation titled, “The Eugenics Connection to the Holocaust.” In his talk, Sid explains how the origins and evolution of the “science” of eugenics gave credence to the ideology of the Holocaust.

As this article goes to print, our speakers have already given over a dozen presentations in local schools and the feedback has been impressive.



Yom HaZikaron & Yom HaAtzmaut

Celebrating the men and woman of the Palmach

May 1 at 12:00 PM | TheJewishFed.org/Event





Gearing up for Camp Ideal

It's happening! Camp Ideal 2022 is right around the corner! Many of you may already know how proud we were of our 2021 summer with over 50 campers joining us. Our theme last year was 12 Tribes, 12 Values. Each day we shared with the campers a value we felt could be related to one of the 12 tribes of Israel. Campers learned about Israel, Judaism, and core values through art, community workshops, dance, music, sports, and so much more.

Pictures of the summer can still be found across our website and lining the walls of the Federation atrium. I especially love seeing photos of the number of fish our campers caught at Clear Lake with nothing more than twine, sticks, and lots of patience.

As we make our final plans for this summer's activities, I am happy to be able to announce the theme that will guide our campers through the sessions of camp, Camp Ideal 1 Month at a time. Led by our newest Camp friend, "Rosh Chodesh" (head of the month will act as a daily guide taking campers across the Hebrew calendar,



learning about the ancient traditions connecting Jews to the lunar cycle. This will be done through value driven days using the name of the months and the Mazal, think zodiac sign, associated with that month. I can already imagine the possibilities of activities that can be created under the theme of the month of Adar with the Mazal Dagim (fish) while we create a water themed day at camp and discuss

always keeping our eyes open for ways to better the world around us. There may also be a water fight involved but, hey, that's summer for you!

Much is in the works for a bigger Camp Ideal than ever, including plans for beginning construction of a Low Ropes course, expanding our Federation trails to include a third Machane (camp) for campers, and getting some of our sports equipment upgraded. To fulfill all our Camp goals, we need campers to sign up!

Camp registration will close May 27. Scholarships are available, but those forms must be turned in by April 29. The sooner the better for us to prepare all our staff, trip days, and order those oh so coveted Camp Ideal T-shirts!

April Programs

PJ Library in Israel
Virtual, April 3, 12:00-1:00 PM EST

Ukraine Art Show
April 3, 2:00-5:00 PM

Virtual Lunch "N" Learn Genealogy 101
Virtual, April 6, 12:00-1:00 PM

Passover Storytime
April 21, 10:30- 11:00 PM

NEXTGen Wine & Canvas
April 24, 3:00- 5:00 PM

Yom HaShoah Program
April 28, 6:30- 8:00 PM

As always, I am happy to discuss programming, Camp related or not, at any time. Just give me a call or shoot me an email.



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SCOUTING for JEWISH YOUTH

THE NATIONAL JEWISH COMMITTEE ON SCOUTING

Some members of the community have expressed interest in starting a Jewish Scouting troop. Are you interested? Call 574-233-1164 for more information.



Caring Connections

Pesach (Passover) is the ultimate family holiday. For two to three weeks before the seder, the family must roll up their collective sleeves and ready the house for the holiday. To move the fridge or not to move the fridge, that is the question. Of course, the same query applies to the stove, but all agree we must move the couch!

Change the dishes, segregate, and ultimately lock away all the chametz (leavened products). Scrub down the counters and places where we store our Pesach food, dishes, and utensils. Each person has their job as we all ready ourselves for Pesach.

As time grows closer, we continually shrink down the areas in which chametz is allowed, until the day before erev Pesach when nary a crumb will be found. It is then time to check the entire house to ensure that we didn't miss any chametz as we use our candle and search everything one last time.

Why is chametz such a "bad" thing during Pesach? Our Rabbis explain that chametz is a symbol for arrogance and the yetzer hara (base inclination). Just as chametz is dough that has risen, symbolizing haughtiness, so also our yetzer hara tries to convince us that we are really in charge. So, as we go through the process of removing the physical chametz in our possession, we simultaneously work on purging ourselves of pride and arrogance, recognizing that while we must try our best, success or failure is solely based upon what Hashem knows is best for us, which is the ultimate message of Pesach. Hashem is in charge.

Finally, we arrive at the Seder which is truly an all-encompassing learning opportunity. If you're a visual learner, you'll love what you see. Like audio learning? Boy, do we have a story for you. Tactile, you say, just hold on.



Rabbi Fred Nebel

Jewish Family Services Director
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Sensory learning is your style, stay tuned for the culinary delights that await you. Need reasons to continue, wait no longer. Every segment of our population, even those who don't want to be there, is included and involved. Talk about "caring connections!"

No one is left out, which is why the seder begins with the words, "all who are hungry, join us." This is the ultimate holiday of hachnasat orchim- inviting guests. No Jew left behind or alone, that's one of the missions of Pesach. As the song goes, "We are family..."

In that vein, one way to help ensure that everyone is guaranteed to enjoy their Pesach holiday is to donate generously to our Maot Chitim fund. This fund allows you to join in the mitzvah of helping people purchase the necessary foods for Pesach. With the increased price of base ingredients, Pesach products have also risen. So please give generously and let's all celebrate together.

Lastly, I would like to thank Hashem for this opportunity to serve the Jewish community, Moshe Kruger for trusting me with the position of JFS Director, and for Sandy Levine who continues to be my mentor as I acclimate myself to my new position. I look forward to working with our entire team and our community. Please feel free to email and/or call me, even if just to say, "welcome aboard."



B'TZELEM Jewish Family Services

WHAT WE DO

Jewish Family Services (JFS) is a human services agency operating within the Jewish Federation that provides crucial aid and support to the Jewish community. Our mission is to strengthen and preserve life in the Jewish community through every stage of the life cycle. JFS provides a breadth of services and referrals for services we cannot provide, with the goal of helping people in difficult times get back on their own feet.

WHAT WE CAN HELP WITH

JFS FOOD PANTRY

Assistance through providing food and gas cards.

FINANCIAL ASSISTANCE

Limited funds for unexpected financial needs in the form of interest-free loans or gifts, following an application process.

ASSESSMENT & REFERRAL SERVICES

Jewish Family Service provides case management services to individuals experiencing life transitions, emergency situations, and more.

WELLNESS CHECKS & SENIOR SERVICES

To connect with older adults and assess basic needs as well as provide a friendly point of contact and assistance with necessities.

TRANSPORTATION

Individual rides to medical and social service appointments.

SHIP (STATE HEALTH INSURANCE ASSISTANCE PROGRAM) NAVIGATION FOR MEDICARE

Trained staff provide state health insurance program advice.

VOLUNTEER OPPORTUNITY

Volunteer to give back and help others in the community.

CONFIDENTIALITY WITHIN JEWISH FAMILY SERVICES

The trust between our clients and JFS is the basis for our success. All transactions and discussions are protected by the highest professional ethical standards of client confidentiality.

PASSOVER APPEAL

Let My People Eat!

Help us ensure no one goes without this Passover!
We can't achieve our 2022 Passover Appeal goal without the help of you. Every dollar donated helps support JFS and our community.

Visit TheJewishFed.org/Passover
and help the Hebrews escape the shadow of Pharaoh.



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12th ANNUAL MICHIANA JEWISH FILM FESTIVAL

May 9–19, 2022

TICKETS ON SALE SOON



THE AUTOMAT

Monday, May 9 at 6:30 PM

Directed by Lisa Hurwitz, 2021

This documentary centers on an artifact that seems culled from the futuristic universe of the Jetsons: the automat. A vending machine offering fresh cooked meals for a nickel in a commissary-style eatery, the automat became a staple of New York and Philadelphia city life from 1902 to 1991. Hurwitz's meticulously researched film tracks its history, weaving together interviews with engineers, collectors, admirers, former employees, and an eclectic cast of its utmost enthusiasts, from the exuberant Mel Brooks and his comedy partner Carl Reiner, to Ruth Bader Ginsburg and Colin Powell. Hurwitz unearths a utopian hang-out where people from diverse cultural and economic backgrounds came together. Also available for streaming May 15-19.

Not Rated | 79 min | Country: US | Language: English

PERSIAN LESSONS

Tuesday, May 10 at 6:30 PM

Directed by Vadim Perelman, 2020

Gilles, a young Belgian man, is arrested by the SS alongside other Jews and sent to a concentration camp in Germany. He narrowly avoids execution by swearing to the guards that he is not Jewish, but Persian. This lie temporarily saves him, but then Gilles is assigned a seemingly untenable mission: to teach Persian to Koch, the officer in charge of the camp's kitchen, who dreams of opening a restaurant in Persia (Iran) once the war is over. Vadim Perelman directs the gripping drama with an assured hand, deftly mixing suspense, laughter and tears. The war-of-words film rests on a truly memorable performance by Nahuel Pérez.

Not Rated | 128 min | Country: Germany | Language: German, French, English, Italian; English subtitles



WET DOG

Wednesday, May 11 at 6:30 PM

Directed by Damir Lukacevic, 2021

The story of Soheil, a young German-Iranian who at the age of 15 moves to Berlin with his parents. At first, Soheil feels at ease because his black hair and dark skin blend in well with the multicultural community. But when a young Arab spots the Star of David around his neck, Soheil quickly becomes a target of hate. From that moment on Soheil hides his Jewish identity. At night he wanders the streets, painting graffiti, and eventually joins an Arab gang. The feeling of alienation grows, and finally, Soheil musters the courage to face his true identity. Based on true events.

Not Rated | 103min | Country: Germany | Language: German; English subtitles

Visit TheJewishFed.org/FilmFest to watch trailers and to learn more about the Michiana Jewish Film Festival.



A TREE OF LIFE

Thursday, May 12 at 6:30 PM

Directed by Trish Adlesic, 2021

In Pittsburgh in 2018, a white supremacist opened fire at the Tree of Life Synagogue in the deadliest antisemitic attack in American history. The survivors recount the harrowing experience and detail how their lives have fundamentally changed. Academy Award nominated, Emmy-winning director Trish Adlesic confronts the “moral decay of humanity” and takes a larger look at the hate-based crisis stemming from the political climate to pose the ultimate question: what kind of nation does America want to be? Also available for streaming May 15-19.

Not Rated | 80 min | Country: US | Language: English

BERENSHTEIN

Streaming only, May 15-19

Directed by Roman Shumunov 2021

In an old house in the modest neighborhood of Kiryat Ata, neighbors did not imagine that the old man who lives next door is the last living commander of a partisan battalion in World War II. He is the man who located the secret facility where the Germans developed their last hope for victory - the V2 missiles. In his confession, Berenshtein returns to the past and reveals the sights that accompany his whole life - women and children burned before his eyes, partisans he executed, his brilliant war tactics, the love of his life which he relinquished, his encounter with the Holocaust and the moment he chose to refuse an order, break into a German prison and release Jews sentenced to death. In the last moments of his life, he faces the decisions he made and recounts how he found not only Hitler's doomsday weapon, but himself.

Not Rated | 105min | Country: Israel | Language: Russian, German, Polish, Ukrainian; English subtitles



GREENER PASTURE

Streaming only, May 15-19

Directed by Assaf Abiri & Matan

Dov (75) a widower, lives in a nursing home where he feels like he's in jail. He dreams of buying back his old house and returning live there, but he has no money since losing his pension and he blames the State. When he realizes that everyone in the nursing home consumes state-sponsored medical cannabis, he finds his way out. Not by smoking, but by selling cannabis, which he gets from the other tenants. When love, police, and the local mafia enter the picture, Dov finds himself at a crossroads where he has to decide whether he would be willing to risk everything for what really matters to him.

Not Rated | 120min | Country: Israel | Language: Hebrew; English subtitles

THE LEVYS OF MONTICELLO

Streaming only, May 15-19

Directed by Steven Pressman, 2021

A missing chapter of American Jewry comes to light in this fascinating chronicle of the Virginia home of one of the nation's Founding Fathers. Thomas Jefferson's Monticello residence, stands as a complex symbol of the paradox of Democracy. Designed by Jefferson, built and tended by slaves, the plantation was his presidential retreat, retirement home, and final resting place. Sold due to mounting debts, Uriah Phillips Levy, a Jewish naval officer and fervent believer in Jeffersonian ideals, became its unlikely caretaker. When historical preservation was all but unheard of, Levy's family restored and saved the estate from ruin. The story behind this national treasure confronts the stain of ongoing racism and anti-Semitism that remain part of the national narrative.



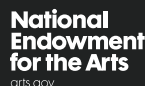
NEIGHBOURS

Streaming only, May 15-19

Directed by Mano Khalil, 2021

Six-year-old Sero lives happily with his adoring family and in harmony with his Jewish neighbors. Sero lights their lanterns and helps around their home during Shabbat. When a new teacher from Damascus brings the promise of electricity, he also brings a hard line including cruel punishments, banning of any language but Arabic and most troubling, negative views of Zionist Jews, which culminate in a play with children violently stabbing a Jew in effigy. Sero struggles to understand the lessons being taught while his future hangs in the balance.

Not Rated | 124min | Country: Switzerland, France | Language: Kurdish, Arabic, English, Hebrew



ארץ שמתקו לה רגביה
ומלוחים מבכי כל חופיה
ארץ שנתנו לה אוהביה
כל אשר יכלו לתת

Celebrating Israel's Independence and Mourning the Fallen

"A land sweetened by her clods of soil, Yet all her seashores are salty, Like the tears of those who through their love, gave all they had to give." - Natan Yonatan

I must admit this poem loses a lot in translation, yet this beautiful verse from 'Shir Eretz' or 'A Song of the Land' if you will, captures the complexity of Israel. 'Shir Eretz,' as other poems of Yonatan, was written about his complicated relationship to the homeland. Yonatan was a bereaved father. His son Lior, a commander of a tank platoon, fell in the 1973 Yom Kippur War in the northern sector of Suez.

Inspired by the beautiful melody of Sasha Argov, Yonatan took the verses describing the findings of the spies who were sent to explore the land of Israel. On one hand: "...

flowing with milk and honey ..." -Numbers 13:27), and on the other "... a land that consumes its inhabitants" -Numbers 13:32, and composed the poem based on this polarity. This, very well put, bittersweet reality is the reason we celebrate Yom Ha-'azma'ut (Independence Day) and Yom Ha-Zikhron (Memorial Day) in the same breath. It is why the miracle of Israel, from floor to ceiling, is always in the shadow of our fallen heroes.

I was raised with the privilege to walk rather safe as a Jew, a privilege my parents did not have. This freedom comes with a price. Thus, my father fought in the majority of Israel's wars. And in our turn, my siblings served in the army, for all that it implies.

Israel is NOT perfect, but my family's history taught me that the alternative is not an option. So, we celebrate every year we are on the map, and

we remember the price paid, and like salt in chocolate – Yom Ha-'azma'ut is the happiest holiday in my house.

This year, in our crash course commemoration of those events at the Federation on May 1st, we will celebrate the men and women of the Palmach ("strike force"), the elite fighting force of the Haganah - the underground army of the Yishuv during the period of the British Mandate. This year we also mark 140 years for the first Zionist Congress in... Focsani, Romania (yep, it preceded by Zionist Congress in Basel by about 16 years). And in honor of the incredible Zionist enterprise we chose to celebrate those who fought for Israel before it was even born.



Shirlee Greenwald

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Our Community Table Teen's Lebanese Potatoes

Hello readers! A few weeks back, my sister was describing a brunch she was planning for a few friends she hadn't seen in a while. She had most of the dishes sorted...but was still in search of one more item to make the menu feel complete. Being the kind, caring, and nothing-if-not-helpful elder sister that I always am (insert very dramatic eye-roll), I immediately took to the internet to find a brunch-y potato dish that would pair well with my sister's Mediterranean feast. I found Lebanese Potatoes. And Syrian

Potatoes. And Middle Eastern Potatoes. And Mediterranean Potatoes. And Batata Harra. Each very similar with only a few very minor differences between the lot. Some used lemon juice and zest, some used lime juice, no zest. Some called for turmeric and coriander, some called for neither of these. All called for cilantro and most included parsley, and a select few had the addition of a portion of fresh dill. All looked delicious and any would be perfect for my sister's brunch.

I'm going to go out on a culinary limb here and say that there are few things that compare to presenting a highly recommended-by-a friend-yet-untried-by-you recipe and discovering, in real time along with your guests, that it is shockingly bad. With memories such as these still fresh in my mind, most recently, a pumpkin dessert presented to friends that was truly beyond the pale, I thought it might be wise

to try the potato recipe out myself before sending it on. After considering each of the recipes I had found, I decided, in the end, to combine ingredients from several of the recipes in a way that suited my own idea of what might be good. Authentic—I'm not sure. Delicious—yes, yes, yes! And so, dear readers, it is my pleasure to share with you my very own version of Batata Harra, Lebanese Potatoes, Syrian Potatoes, or whatever you may wish to call them. A sturdy, flavorful and all-together delightful Middle Eastern potato recipe that tastes as sumptuous as it looks, is easy to prepare and is, in my opinion, that perfect little sparkly something to add to a breakfast or brunch line-up when you're wanting something a little more exciting than your typical hash.

Cristyne Porile

Community Contributor

Community Voice

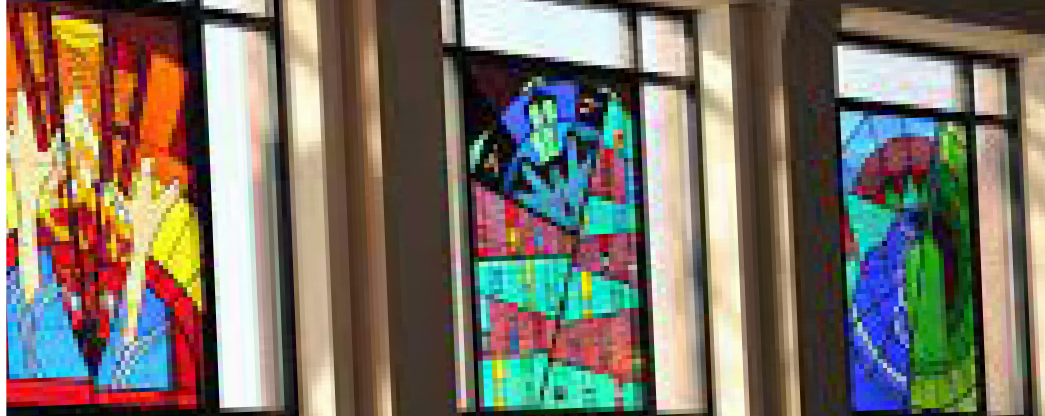
Girls miss class when they lack hygiene products

Do you have a square to spare?

In a “Seinfeld” episode from 1994, Elaine is stuck high, and not-so-dry, in a public bathroom stall and implores her neighbor to spare her a square of toilet paper. How many of us have been in the exact same situation? We go in, do our business, and only afterwards, realize that we forgot to check to see if there was enough toilet paper. We’re stuck there, in a compromising position, completely dependent on the kindness of strangers. Never are we more vulnerable or more exposed.

Now imagine yourself at 12 or 13 years old, in middle school, with a body you hardly recognize as your own, stuck in a bathroom stall because your period started unexpectedly and you have no menstrual hygiene products with you. You are paralyzed by the stigma and shame that shrouds menstruation, so mortified that you cannot even ask anyone if they can “spare a square.”

You make-do with toilet paper, get to the school nurse and are given one product to last you the rest of the day. You are sent back to class, or sent home if your clothes are too far gone. Then, you don’t return to school



for 5-7 days because you have no products at home. Your family has to choose between food or a box of pads. These products cannot be purchased with food stamps, Medicaid or medical health savings accounts because they are deemed luxury items and are taxed. A product whose sole use is for a bodily function, just like toilet paper, is classified the same as yachts, private jets, jewelry and exotic cars. So you miss out on school once again.

This happens in school after school, month after month. By the time the school year is over, some students have missed 45 days of school; 25% of the school year.

Several organizations in our city understand this important issue and its impacts on students. Delta Sigma Theta Sorority, Inc., has devoted their Founder’s Day community service project for all their chapters throughout the state of Indiana to collect

products. Sinai Synagogue’s Sisterhood is collaborating with the sorority’s South Bend Alumnae Chapter to procure and distribute donations. Products will be distributed to students. You can help! Drop off products at Sinai Synagogue or Harrison Primary Center.



Colin Pier-Silver

Educational Director
at Sinai Synagogue

Karen White

At-large Council Member
Council Vice President

TEEN’S LEBANESE POTATOES BATATA HARRA Ingredients

2 lbs Yukon Gold potatoes, peeled, and cut into a 1-in dice

4 Tbls (1/4-cup) olive oil (or to your taste)

2 tsp whole coriander seeds or one slightly rounded teaspoon ground coriander

5-7 garlic cloves, finely chopped or grated

2 tsp ground turmeric

1 tsp crushed red chili pepper flakes

2 red bell peppers, diced to 3/4-in to 1-in

1 cup chopped fresh cilantro leaves

1 cup chopped fresh Italian flat-leaf parsley

Grated zest of 1 lemon

1-2 Tbls juice

2 tsp kosher salt, sea salt, or a flaky salt

Black pepper

Instructions

Cooking Method 1: Oven Roasting

Pre-heat the oven to 450° F. Line a rimmed baking sheet with foil and set aside.

Bring a saucepan of salted water to a boil. Add the potatoes and cook for 3 minutes. Drain and leave in a colander to completely dry.

Mix cooled, dry potatoes with the olive oil, coriander, turmeric, salt and black pepper (to taste). Place potatoes on foil lined baking sheet. The potatoes should fit snugly in one layer. Put them into the oven to roast, and after 10 minutes, stir in the garlic, chili pepper flakes, red bell pepper and half the cilantro and parsley.

Return to the oven and roast for another 25-30 minutes, until the potatoes are nicely colored and completely tender, stirring once halfway through the cooking.

Remove the potatoes from the oven and transfer to a large bowl. Stir in the lemon zest and the lemon juice. Taste and add additional salt and pepper if needed.

Cooking Method 2: Stove top

Bring a pot of salted water to a boil. Add the diced potatoes and cook for 5-6 minutes. Drain and allow to dry in the colander.

Heat the olive oil in a large skillet over a medium heat. When warm, add the coriander seeds, garlic, and red pepper flakes. Bloom the spices until they smell fragrant, 1-2 minutes. Add the turmeric and the red bell peppers and cook until the peppers are softened. Add the potatoes, salt and black pepper to your taste, and half the chopped parsley and cilantro. Cook, stirring occasionally until the potatoes are done to your liking—browned and slightly crisp. Add the lemon zest and lemon juice, gently mixing. Remove from heat. Taste, adjust salt and pepper levels and add remainder of the fresh cilantro and parsley.

Both recipes can be served warm or at room temperature, stirring in the remaining chopped cilantro and parsley just before serving.

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The Federation is Pleased to Welcome This New Shul to Our Community!



The Liberal Jewish Fellowship

Serious Progressive Judaism for Serious Progressive Jews

Saturday, April 16, 10:45 a.m.:
Shabat Pesah service and brunch

Friday, April 22, 5:15 p.m.:
Pesah service with Yizkor

Saturday, April 30, 10:45 a.m.:
Shabat Service and potluck

Saturday, May 14, 10:45 a.m.:
Shabat service and brunch

Saturday, May 28, 10:45 a.m.:
Shabat service and potluck

Saturday, June 4, 7:15 p.m.:
LJF *Lebrhaus*

The LJF aspires to hold space for all people. All who would join us in peace are most welcome.

425 Cushing Street, South Bend, IN 46616 | 574-227-4464 | ljfellowship.org



Art Show for Ukraine

April 3, 2-5PM, at the Jewish Federation!

50% of all proceeds will go directly to the Ukraine relief efforts!
Featuring artwork by Michelle Engel, Jim Goodkin and Nektaria Mattheos.

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We Thank the Following Contributors:

Barbara & Mike Berebitsky	Lillian Pinky Raab	Patti and Steve Helfand
Dayle Miller	Marsha Brook	Robert Daley
Ed Hardig	Nancy Cohen	Sharon Krakowsky
Eileen Weingarten	Nancy & Jeff Sophian	Steve Rosenberg
Gloria Golden	Natalie Klein	

Who Contributed To:

Brook JFS Fund	Ron & Nancy Cohen Endowment Fund
Food Pantry	Ukraine Crisis
Jewish Family Services	
Jewish Federation of St. Joseph Valley	

In Memory of:

Jack Keller
Judy Ziker
Marilyn Metzlaar
Mort Dobbins
Tony Kupferer

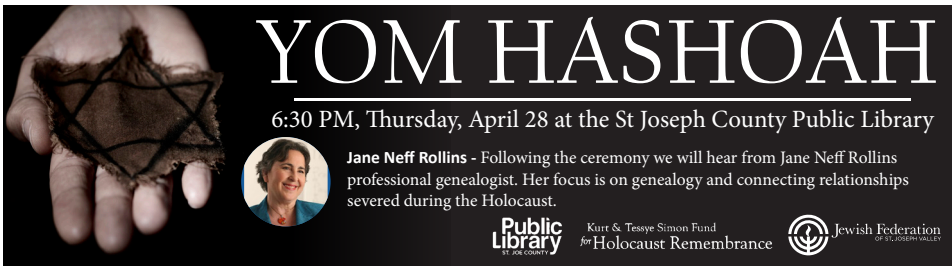
In Honor of:

Ina Rosenberg

<<First Name>> <<Last Name>>
<<Street Address>>
<<City>> <<State>> <<ZIP>>

Adar II - Nissán
APRIL

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



YOM HASHOAH

6:30 PM, Thursday, April 28 at the St Joseph County Public Library

Jane Neff Rollins - Following the ceremony we will hear from Jane Neff Rollins professional genealogist. Her focus is on genealogy and connecting relationships severed during the Holocaust.

Public Library for St. Joseph County
Kurt & Tessa Simon Fund for Holocaust Remembrance
Jewish Federation of St. Joseph Valley

1

2

3

9:15–10:00 AM
Women's Zumba
11:00–12:00 PM
SlidingDors
12:00–1:00 PM
PJ Library in Israel
2:00–5:00 PM
Ukraine Art Show

4

9:15–10:00 AM
Women's Zumba

5

9:15–10:00 AM
Women's Zumba
1:00–2:00 PM
Computers 1.5

6

9:15–10:00 AM
Women's Zumba
12:00–1:00 PM
Virtual Lunch "N"
Learn: Genealogy 101

7

9:15–10:00 AM
Women's Zumba
10:00–11:00 AM
Lessons of Holocaust
4:00–5:00 PM
Book Club

8

9

10

9:15–10:00 AM
Women's Zumba

11

9:15–10:00 AM
Women's Zumba
6:30–7:30 PM
Cub Scouts

12

9:15–10:00 AM
Women's Zumba
1:00–2:00 PM
Computers 1.5

13

9:15–10:00 AM
Women's Zumba

14

9:15–10:00 AM
Women's Zumba
10:00–11:00 AM
Lessons of Holocaust

15

First Seder

16

Second Seder

Passover

17

9:15–10:00 AM
Women's Zumba

18

6:30–7:30 PM
Cub Scouts

19

1:00–2:00 PM
Computers 1.5

20

21

10:00–11:00 AM
Lessons of Holocaust
10:30–11:00 AM
Passover Story-time

Public Library

22

23

Passover

24

9:15–10:00 AM
Women's Zumba
3:00–5:00 PM
NEXTGen Wine & Canvas

25

9:15–10:00 AM
Women's Zumba
6:30–7:30 PM
Cub Scouts

26

9:15–10:00 AM
Women's Zumba

27

9:15–10:00 AM
Women's Zumba

28

9:15–10:00 AM
Women's Zumba
10:00–11:00 AM
Lessons of Holocaust
6:30–8:00 PM
Yom Hashoah Ceremony with

Public Library

29

30

Visit TheJewishFed.org/Events to register. Have an event to add to our calendar? Call 574-233-1164.