

OUR COMMUNITY Newsletter

January 2023 | Tevet - Shevat 5783



Jewish Federation
OF ST. JOSEPH VALLEY



Mazel tov Elisheva Lerman

on being named the inaugural recipient of
the Lisa Lerman Community Bridge Award



Minute With Moshe

A Symphony of Change

Nature constantly reminds us how to orchestrate change. Inevitably, trees let go their leaves. There's no fuss. It's expected. And for our part? We plan for the change every year.

But, before a forest lets go the leaves, it dazzles us with a final burst of glorious color. This, after all, is a celebration. Leaves are like the memories from which trees receive energy. The forest celebrates this good fortune each autumn.

And so today, I talk about orchestrating change in our own Jewish community. Change presents itself whether it's welcomed or not. And just as in nature, we too celebrate the memories that give us strength.

As a community, we accept responsibility for guidance in a changing world. We work hard to ensure that change is good – so that all of us benefit.

Today, at a pivotal time in our own local community, it's time to embrace and orchestrate the change that confronts us. By orchestrate, I mean work together -- intentionally toward shared goals.

Active leadership will unlock the synergy of this golden opportunity. It will sustain and even grow our Jewish community over the next several decades.

Perhaps you know Temple Beth-El received and the congregation voted to accept the purchase offer of their beautiful building. Temple leaders are now evaluating their options as they look for a new home. This momentous development is sparking "what if" and "wouldn't it be great" conversations about our future.

As one congregational leader stated after a meeting with counterparts, "we discussed mutual interests and the idea of working together, along with the Federation to further build the synergy of our Jewish community. We all agree that working

together will benefit "each of us and all of us."

Clearly, religious congregations will chart their own paths as they consider the future. As for me, as the Executive Director of your Federation, I hope that we will meet on common ground and seize this moment of change.

The demographic shift we witness locally and nationally in the Reform and Conservative movements offers valuable insight into how we might envision our collective future. Do we paddle upstream and 'hope for the best?' Or do we face change and actively map out a plan that's guided by L'dor V'dor, from one generation to the next.

Hope is powerful and inspirational. But hope is not a strategy. It's not a plan.

The Federation does not have a magic solution to the demographic shift in our community. But we will stay true to our mission. We will remain a pluralistic and inclusive resource.

Such is why we've worked so hard the past few years to improve the Jewish life and culture on our own campus. It's why we've introduced a Holocaust Remembrance Garden and grown our summer and winter camps. It's why we've developed a 3-year plan called Vision 2025. And it's why we believe our 28-acre campus offers creative options.

I'm optimistic that the wisdom of our community will prevail. Our local leaders are experienced and motivated. Our golden opportunity is to embrace change and mount a full-scale response to adapt to our new realities.

You might even say that our spiritual, intellectual and cultural leadership is a simmering milieu of change in itself. New leadership abounds.

Our Orthodox congregation has welcomed Rabbi Danzinger to the community. Rabbi Ginsparg has assumed

leadership at the Midwest Torah Center. Rabbi Rubin's Liberal Jewish Fellowship is approaching its first anniversary. Chabad of Greater South Bend under the leadership of Rabbi Gansburg continues to expand programming and outreach efforts. And both Rabbi Friedland and Rabbi Companez and their congregations are contemplating their futures.

Where does the Federation fit into this picture? What role do we play?

The answer is simple. We are open to possibilities.

Having spent much of my adult life in Chicago, I'm familiar with the great 19th century architect Daniel H. Burnham who said, "Make no little plans; they have no magic to stir men's blood."

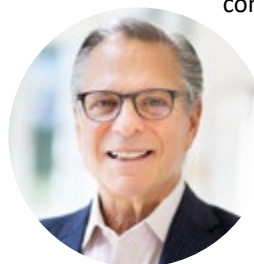
Yes, our 'blood' can be stirred. And the role of our Federation is to be instrumental in bringing us together while it happens.

Does 'together' mean here on our gated 28-acre campus? We're open to all of the possibilities. And the convening of our Jewish community here on this 28-acres, is but one of those possibilities.

If our future is to be a thriving and diverse Jewish community, then this lovely campus is well-positioned as a resource in that pursuit. Here, we can meet. Here, we can nurture the hopes and dreams that serve as fuel for the roadmap to a stronger, more resilient Jewish Community.

In fact, discussing mutual hopes and dreams is the crux of our upcoming Fed Talks program. Fed Talks will immerse us all in conversation and establish the criteria against which we will measure our success in the future.

Please join us for these valuable conversations. They are important. And we need you.



Moshe Kruger

Executive Director
574-233-1164 x1802
MKruger@TheJewishFed.org



Mazel Tov Elisheva Lerman

on being named the inaugural recipient of the Lisa Lerman Community Bridge Award

On Wednesday, November 30th, our community came together for a night of fellowship in support of the inaugural Lisa Lerman Community Bridge Award, named in memory of the Federation's late president Lisa Lerman Z"L, who selflessly gave her time to bring together all Jews of our community.

Lisa's mother and father, Marsha Brook & Ron Silverman, were on hand to present the award to Elisheva Lerman, Lisa's sister-in-law and fellow community bridge builder.

An excerpt from Marsha's award presentation:

"Lisa was always one to bring people together... In honor of her most purposeful life, it's so appropriate that we have this fund in her name, to support and build more bridges to help make the world

better. And the actual award was really hard to decide.

Who can we select to represent this beautiful woman who's so aptly brought together so many facets of our community...that was really hard.



But the first awardee was not hard to select. This person is very deserving of the first award. This person was very close to Lisa. This person was someone who Lisa

mentored and helped to bridge a new and different life. This person was there for Lisa on her final days. This person then immediately proceeded to find a way to bridge people in our greater community.

First there was a zoom program to share various ethnic cooking. Then help was offered to people struggling from the pandemic. Then warm clothes were collected for those in need. Suitcases were collected for foster children.

Wherever there seemed a need in our greater community, this person was there with an entourage of people of all kinds to help her under the auspices of her creation, the Lisa Lerman Mitzvah mavens.

And so well deserved, the first Lisa Lerman Community Bridge award goes to the woman who so aptly builds bridges in Lisa's name you probably all know that that woman is Elisheva Lerman."

Visit [OurCommunityNewsletter.org](https://www.OurCommunityNewsletter.org) to see additional photos and video from the ceremony!

FED Talks
January 15, 10:30 AM

**Bold Thinking, Innovation & Community Sustainability -
Leading Change in South Bend**

with Aaron Perri, Executive Director, Venues Parks & Arts, South Bend

Israeli-style brunch buffet & mimosas following the talk.



Visit [TheJewishFed.org/FEDTalks](https://www.TheJewishFed.org/FEDTalks) to register.



WHAT WE DO

We serve Jewish individuals and their families within the larger community by providing social services, referrals and educational programming.

WHAT WE CAN HELP WITH JFS FOOD PANTRY

Assistance through providing food and gas cards.

FINANCIAL ASSISTANCE

Limited funds for unexpected financial needs in the form of interest-free loans or gifts, following an application process.

ASSESSMENT & REFERRAL SERVICES

Jewish Family Service provides case management services to individuals experiencing life transitions, emergency situations, and more.

WELLNESS CHECKS & SENIOR SERVICES

To connect with older adults and assess basic needs as well as provide a friendly point of contact and assistance with necessities.

TRANSPORTATION

Individual rides to medical and social service appointments.

SHIP NAVIGATION FOR MEDICARE

Trained staff provide state health insurance program advice.

VOLUNTEER OPPORTUNITY

Volunteer to give back and help others in the community.

CONFIDENTIALITY WITHIN JEWISH FAMILY SERVICES

The trust between our clients and JFS is the basis for our success. All transactions and discussions are protected by the highest professional ethical standards of client confidentiality.

COACHING



Community Connections

You are relevant!

Whenever I ran into a particular friend of mine, I asked what he was doing, and he would retort, “Just trying to remain relevant.” I always got a kick out of that response, but never thought much about it. I figured it was a cute throwaway line. That was until I did my Chaplaincy residency.

One of the hardest visits during my chaplaincy, which took place during the Covid pandemic, was when I heard a resident say, “I don’t like feeling warehoused.” I had never heard such a sentiment expressed and felt compelled to explore what he meant. He explained that since the facility wanted to contain any possible outbreak, they confined the residents to their rooms. As a result, with the exception of the meals being delivered or a resident’s pressing their buzzer, staff paid no attention to them, and thus he felt like he was warehoused, like some unnecessary object. Sadly, it would not be the last time I heard that feeling expressed.

It was then that I truly understood the need to be relevant! Relevance means that one still has something to offer the world, that one still has value to another. No one wants to feel useless or warehoused, regardless of the grandeur of the particular place in which one is housed.

In truth, everyone has something to offer. The older one gets, the more of a walking history book one becomes. To be able to offer insights and experiences to the younger generation is invaluable. History is important so that we can learn what works and what does not. It also helps to inform us of our present and future, so, far from being irrelevant, an older person becomes a

treasure-house of insight.

I remember as a young boy attending minyan with the “old-timers.” It was a wonderful experience. I got the flavor of Yiddish expressions and the styles and tunes of the older folks. As the only youth to attend, I was taken under their collective wing and encouraged to lead services and read Torah. They made the shul a warm and inviting place. It is partly due to their warmth and stewardship that I entered the Rabbinate.

It was gratifying to me when I learned about the immense respect that Judaism has for its older generations. Jewish philosophy views the revelation at Mt. Sinai between Hashem and the Jewish people as the pivotal moment in history. That generation has the moniker of “Dor Hadeyah - the generation of knowledge.” Every generation after that has had a weaker connection to the event and thus, we view with reverence our former generations. We look backward in order to move forward. So, our seniors are far from irrelevant, they are of utmost importance, and it is incumbent upon us to make them feel their importance and relevance!

When I visit and interact with our clients, I always endeavor to show them the respect that they deserve. I want to be able to say that I never contributed to their feeling of being warehoused. If you agree with this sentiment, and are interested in volunteering at JFS, let’s talk and see what we can do together.



Rabbi Fred Nebel

Jewish Family Services Director
574-233-1164 x1806
RabbiNebel@TheJewishFed.org

Preventing Antisemitism in our Michiana Community

Recent antisemitic events involving well-known celebrities have drawn widespread attention to a disturbing trend in American society. We have seen this develop over the past several years: the resurgence of antisemitism. According to the ADL (the Anti-Defamation League), "Antisemitic incidents reached an all-time high in the United States in 2021... This represents the highest number of incidents on record since ADL began tracking antisemitic incidents in 1979..."

In order to raise awareness of the problem, **On Tuesday evening, February 21st at 7:00 PM**, we will be co-sponsoring an important presentation at the St. Joseph County Public Library featuring Trent Spoolstra, Associate Regional Director for the Midwest office of the Anti-Defamation League (ADL). The title of his talk: ***The State of Antisemitism.***

In regard to the broader strategy of preventing antisemitism in our community, there are several ongoing efforts. First and foremost is Holocaust education for our local schools.

Dr. Robert Rozett, senior historian at Yad Vashem in Jerusalem, said, "We see education as the long-term and perhaps most profound tool in our battle against modern-day antisemitism."

For more than 25 years, Temple Beth-El's Kurt and Tessye Simon Fund for Holocaust Remembrance has been a pioneer in Holocaust education in our local schools. Through the widespread distribution of the powerful documentary, ***The People Next Door***, students in our community have seen a human face of the victims of the Holocaust through the moving stories of local survivors. In addition, the fund's Holocaust Art, Essay and Poetry contest helped engage students on a personal level.

The Federation's Okon Family Endowment Fund for Holocaust Education has provided many engaging speakers on the Holocaust both for our community commemoration event on Yom Hashoah and for local schools.

Last year, our Jewish Federation initiated a Holocaust Education Speaker's Bureau to offer to local schools. The speakers

include Shirlee Greenwald, Dan Ravitch, Sid Shroyer and Terry Tulchinsky. The more than one dozen presentations given by Shirlee and Dan in local schools had a major impact on students in sensitizing them to the dangers of racism and antisemitism.

To compliment the work of our Speaker's Bureau, The Holocaust Remembrance Garden project, envisioned by Jewish Federation Executive Director Moshe Kruger, will greatly enhance our Federation's ability to serve as a local center for Holocaust education and commemoration.

Another aspect of our strategy to prevent antisemitism is community engagement.

Under the leadership of chairperson Barbara Lerman, the Community Relations Committee (CRC) has made a significant investment of time and resources to engage with the wider community. These efforts send the message that our Jewish community is here to be a force for the good and welfare of the Michiana community.

CRC programs include our "Books for Kids" project for local mentoring programs for underserved communities and a new mentoring program at Monroe Elementary school.

Last year, through the combined efforts of Temple Beth-El, Sinai Synagogue and our Federation, our community fundraised over \$17,000 for Afghan refugees who came to South Bend. By providing Catholic Charities and the United Religious Community with these funds, we enabled them to help the absorption of these new Americans.

Our Federation's efforts at advocacy for Israel are crucial to preventing anti-Zionism in our community and on the Notre Dame campus. As we know from many college campuses across the country, anti-Zionism turns into antisemitism. Therefore, advocacy for Israel is an important part of our overall strategy.

Through the programs of the CRC and Partnership2Gether (P2G) committees, we host speakers and events that show a positive side of Israel not seen in the American media.

Over the past eight years, our Federation shlichim have

given dozens of presentations in our community of "My Israeli Story." Shirlee Greenwald's own presentation shows our community a very human face and positive image of Israel.

Last year, CRC co-sponsored an event on the Notre Dame campus featuring representatives of the NGO Sharaka, that promotes peace between Israel and the Arab countries of the Abraham Accords. When an Arab citizen of the U.A.E. told the student audience that Arabs and Jews are "children of Abraham," and that the Jewish people deserve a nation-state in the Middle East, we know we made a difference.

In November, our Federation's P2G Committee, co-chaired by Cristyne Porile and Dave Ravitch, hosted "Women Leading a Dialogue" an interfaith delegation of Arab and Jewish women from Israel. "Coexistence Café," the community event we hosted at the Federation, made a major contribution to this broader strategy.

And next March, Temple Beth-El will be sponsoring an event, with the Federation as co-sponsor, featuring Dr. Khaled Attalla, Director of the Emergency Medicine Department at Galilee Medical Center in Nahariya. His presentation is titled, "Galilee Medical Center: a model for coexistence." This program also comes to us through Partnership2Gether.

With the support of our Jewish community, the combined impact of all of these programs can make a difference, but we need your support. If you would like to arrange for a speaker on Israel or the Holocaust for your child's school, please contact us. If you hear or see an antisemitic incident, let us know.

Finally, maybe the best advice for confronting antisemitism came from CNN's Dana Bash. In a powerful op-ed based on lessons from her son, she wrote, "*It turns out that normalizing the practice of and pride in Judaism is one of the antidotes to prejudice – something that my young son understood innately.*"



Bob Feferman

Community Relations Director
574-233-1164 x1815
RFeferman@TheJewishFed.org



Welcome Judy Sassler

Judy joins the Federation team as our new Administrative Associate

We are pleased to announce Judy Sassler has officially come onboard our Federation office staff as of December 19, 2022. She will be assuming the recently vacated role of Administrative Assistant and Receptionist.

Judy was born and raised in Israel, in Jerusalem. She is 28 and the mother of 2 girls.

She studied acting for 4 years, and has a background in art.

Judy currently operates an at-home bakery selling decorated cakes and is planning on opening a small sweets store in the future.

Judy loves antiques, outdoor activities and crafts. She is looking forward to getting to know the Michiana Jewish community better.

Jewish Community turns out in support of Chanukah in South Bend

“Darkness cannot drive out darkness; only light can do that.”

The Michiana Jewish community was well represented for the first night of Chanukah in Downtown South Bend.

On the evening of Sunday, December 18th, nearly a hundred people showed up to celebrate the beginning of the festival of lights by lighting the giant Chanukah in the Jon Hunt Plaza outside the Morris Performing Arts Center -- an annual tradition in South Bend thanks in large part to the organizing efforts of Jody Freid.

Representing the community on stage were speakers Moshe Kruger of the Jewish Federation, Ruth Kremer of Temple B’nai

Shalom, Rabbi Elie Ginsparg of Midwest Torah Center, Rabbi Karen Compane of Temple Beth-El, Rabbi Michael Friedland of Sinai Synagogue, Mayor James Mueller of South Bend, Rabbi Schneur Gansburg of Chabad of Greater South Bend and Rabbi Joshua Rubin of Liberal Jewish Fellowship.

Mayor Mueller had the honor of lighting the shamash, while Rabbi Gansburg led the blessings and ignited the first night’s candle. Afterward Rabbi Rubin led the community in singing Maoz Tzur and Oh Hanukkah, Oh Hanukkah.

“Chanukah, in many ways, is about the mitzvah of our actions, to beat back darkness, the darkness of hate, the darkness of racism and bigotry,” Moshe

Kruger said. “As the great Dr. Martin Luther King Jr. said, “Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”

Special thanks to Dan Ravitch for planning the program, Bob Feferman for picking up the certified kosher sufganiyot from Chicago, and Downtown South Bend for once again providing the perfect backdrop and safe atmosphere to celebrate together as one community.

Visit OurCommunityNewsletter.org to see additional photos and video from the gathering!



Why I celebrate Novi Godd

С новым годом!

(Happy secular New Year)

In Israel of 2022, most people will not only know the phrase 'Novi Godd' means 'New Year' in Russian, but they will recognize it as a holiday. Before I talk about how and why it is so relevant to Israel, and to me personally, let me give you some background.

After the October Revolution of 1917, Russia, a fundamentally Christian country, was ruled with a firm hand by the communist regime. The new government advocated political atheism and therefore decided to prohibit any religious worship once and for all.

Following this prohibition, all holidays were outlawed, except for Communist ones like May First, for example. In 1936, a senior party member suggested putting Yoleki (trees) on the streets, to raise morale. And just like that, Novi Godd was born as a secular holiday, and soon enough it took an important place in Russian culture.

The Jewish community, which was severely suppressed, found solace in Novi Godd, and even poured Jewish content into it, like giving away Chanukah gelt.

When the Russian Jews made Aliyah to Israel (which is a topic deserving its own OCN article), it was clear to most of them that they would continue to celebrate Novi Godd. But it was met with much

opposition, mainly due to the Christian symbols it has. This is also at the center of the delegitimization of the very Jewish identity of the immigrants from Russia to this day.

Both of my parents immigrated to Israel from the Soviet Union. Living under Communist rule, they were forced to shed their Jewish customs, while remaining hated and persecuted for being Jewish. They came to Israel with nothing, defended the country in its wars, and integrated into society.

The beauty of Israel is that integrating into society does not mean assimilating. Each ethnic group (eda), or community, brings its own uniqueness. The Moroccans introduced us to Mimouna, and the Ethiopians to Sigd.

So, here we are, the Jews of the Soviet Union, introducing Novi Godd. Don't get me wrong, I understand that the holiday has Christian symbols, and I have no intention of denying that it is, in fact, their origin. Just as the pagan origin of Christmas is of no importance for Christians, so also Novi Godd outgrew its Christian shadow, and those who celebrate it see it purely as a civil holiday.

We, the people, give power to symbols and not the other way around. So even though you won't find a pine tree in my house, because, personally, I don't see the point in it, I invite you

January Programs

PJ Library Pajama Party

Sunday, January 8 at 10:00 AM

FED Talks - Aaron Perri

Sunday, January 15 at 10:30 AM

NEXTGen - Cosmic Bowling

Saturday, January 21 at 8:30 PM

Telling Our Stories Workshop

Sunday, January 29 at 11:00 AM

Community Challah Bake

Tuesday, January 31 at 7:00 PM

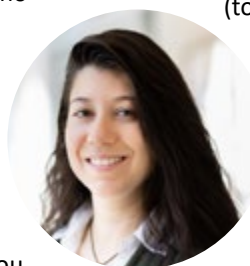
Mahjong

Mondays & Wednesdays, 1:00 – 4:00 PM

Visit TheJewishFed.org/Events to learn more or RSVP!

to embrace a little of the joy of life, taught to me by my Eda - find Siba L'Mesiba (an excuse to party), to be surrounded by family and friends - and drink vodka.

What's our deal with vodka, you ask? Maybe because it's fun to drink together and maybe as a coping mechanism for all this "togetherness." In any case, 'L'Chaim (to life), and a C novem Godaam! (Have a happy secular New Year)



Shirlee Greenwald

Israel Program Director

574-233-1164 x1807

Israel@TheJewishFed.org

Party with PJ Library in your pajamas at the Federation!

Sunday, Jan. 8, 10 AM – NOON

Hey kids! Bring your parents, wear your PJs, and tell us all about the best PJ Library book you've ever read. We'll supply kosher breakfast treats and fun games to play all morning long. Kids can also bring a PJ book and practice writing their own book review with a parent.

What a fun way to meet new families, celebrate reading and stay cozy...ALL DAY!

Geared towards ages 0-8, but older kids are welcome too.

Be sure to RSVP at TheJewishFed.org/PJ, so we can plan accordingly!



Let's have a pajama party!

**Sunday, January 8,
10:00 AM - NOON**

RSVP @ TheJewishFed.org/PJ

Learn, Grow & Lead with NEXTGen

NEXTGen is constantly redefining what it means to be young and Jewish in the Michiana region, creating space for Jewish young adults (age 21-45) to build connections beyond religious affiliations. The NEXTGen group provides the opportunity for Jewish Young Adults in our community to Learn, Grow, and Lead together to build a better future for our community.

On November 10, NEXTGen was excited to host a networking event on the Federation campus. More than 20 community members participated in a communal bonfire over drinks and s'mores.

In the colder months, we host board game nights a few times a year. This gives everyone the opportunity to connect and network; the more people who show up the better! Our next board game night is combined with the opportunity for chesed (kindness). We will be volunteering March 2 to help decorate for the Purim Carnival, followed by drinks and board games.

To take advantage of the changing seasons we often host spring and summer hikes to give everyone the opportunity to get outdoors and explore nature. Our next hike is scheduled for April 23 at Potato Creek State Park.

Here are some upcoming events in the coming months.

Jan. 21: Bowling
Mar. 2: Purim Game Night/Volunteer Hour
Apr. 23: NEXTGen Spring Hike

NEXTGen welcomes all young adults (age 21-45), regardless of religious practice, heritage, skin color, sexual orientation, gender, ability, or life stage. If you're interested in our programs, we would love to see you!

Allen Stenberg

NEXTGen@TheJewishFed.org



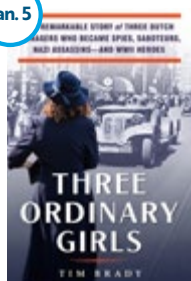
Clock Dance, by Anne Tyler

The group agreed that Anne Tyler, while being obtuse, is a master of characterizations and relationship nuance. We discussed in great detail aspects of protagonist Willa's quirky new family-of-choice as opposed to her family-of-origin, which is the crux of the story. Why does she choose to live among these strangers? Willa's bi-polar mother, Gandhi-like father, closed-off sister, and two husbands never properly nurtured her, so didn't she have to find a different tribe? With this novel, readers of Anne Tyler will recognize people choosing to love the wrong people, the bumpy ride, and dialogue that would thrive in a movie version.

Please visit OurCommunityNewsletter.org/s/Book-Club to read last month's review of *Kitchen Confidential* by Anthony Bourdain.

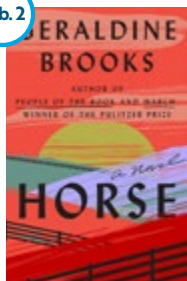
The Federation Book Club meets via Zoom at 4:00 PM on the first Thursdays of every month.

Jan. 5

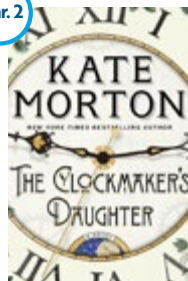


Upcoming
Books
(subject to
change)

Feb. 2



Mar. 2



Dec.
Book



Beth Buechler

Community Contributor



RUGELACH

From Our Community Table

This month, I've decided to share one of my very favorite recipes with you. It is the recipe I use for rugelach. If you are not familiar with this delicious pastry, rugelach are cookies that are made from dough that is rolled into circles, cut into wedges like pizza, and rolled into crescents. The most popular fillings are chocolate and cinnamon, but fruit fillings are very common as well.

There are two main types of dough used to make rugelach. One type is a cookie dough and the other is a yeast dough. Cookie dough rugelach can be made with dairy ingredients like sour cream and butter in the dough and rich fruit fillings. Or they can be made pareve with a variety of different fillings. My recipe uses a yeast dough. I know that some bakers shy away from baking with yeast. It can be tricky. But the end

result will be worth every bit of the effort.

This is a large recipe. It makes a lot of rugelach. The recipe claims to make between 64-84 depending on how large or small you make them. I like them to be on the smaller side. Oftentimes I only make half a recipe, and I still end up with a lot of rugelach. There is nothing like eating these still warm from the oven. But never fear, if you have any left they do freeze well.

At the end of the recipe there are two different filling options. You can also prepare half of each and make half of your rugelach with cinnamon filling and half with chocolate. I like both options equally, but chocolate is more popular with my family.

Deena Abraham
Community Contributor

RUGELACH

MADE FROM YEAST DOUGH

INGREDIENTS

5 tsp. dry yeast
1 c. warm water
pinch of sugar
11-12 c. flour
1 c. water
2 c. orange juice
1 ½ c. oil
1 ½ c. sugar
1 ½ Tbsp. Kosher salt
oil, for spreading
filling, see below
egg wash, see below

INSTRUCTIONS

Combine the yeast, warm water, and a pinch of sugar. Allow to proof. In a mixing bowl, combine the yeast mixture, flour, water, juice, oil, sugar, and salt.

Cover and allow to rise for an hour. Divide into eight sections.

Roll each section, one at a time, into a circle. Spread a thin layer of oil over each circle. Sprinkle thin layer of filling over the oil.

Cut each circle into wedges, roll towards the inside, turn to form a crescent, and place on a parchment paper lined baking sheet.

(The number of wedges you cut will determine the size of your rugelach. Eight wedges will yield large rugelach and require the full baking time. Twelve wedges will make smaller rugelach and require a shorter baking time.)

Brush the tops of the rugelach with the egg wash.

Bake for about 20 minutes, until golden, at 375 degrees.

Note: smaller rugelach will require shorter baking time.

FILLING #1 – cinnamon
Combine 3 cups of sugar and 6 Tbsp. cinnamon

FILLING #2 – chocolate
Combine 3 cups of sugar, 1 cup of cocoa, and 4 Tbsp. of cinnamon

EGGWASH
Combine 1 egg, 1 ½ tsp. sugar, and 1/8 tsp. vanilla extract

 Jewish Federation
OF ST. JOSEPH VALLEY

Community Challah Bake

Tuesday, January 31 @ 7:00 PM
\$10 fee -- everyone is invited!

 Register at TheJewishFed.org/Challah

Proud Supporters of Your Jewish Community



sweetFrog
premium frozen yogurt

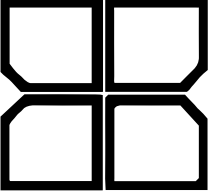
560 W Ireland Rd Ste 101A,
South Bend, IN 46614
SweetFrog.com

MH
McGann Hay
FUNERALS | CREMATIONS | GATHERINGS
SINCE 1842
McGannHay.com
574-232-1411



Change your Business Telephone Service to Ravitron and we will:

- Donate \$50 to the Federation after quoting service.
- Or donate your first month's bill and 10% of all future bills to the Federation if you switch



Family Dental Health Corporation
William A. Gitlin, DDS
Harvey Weingarten, DDS
Alon Shemesh, DDS
Stephen Hendricks, DDS
Andrew Watkins, DDS

FamilyDentalHealthCorp.com



FREE!
Heating & Cooling LLC
Commercial and Residential Service,
Maintenance and Installations
Contact Rob for any of your heating or cooling needs!
574-310-2665 | RWFreet.com

Ravitron welcomes our new accountant, and client, Zvi Silver and his new business Silver and Company CPAs and Advisors to the Michiana Business Community!




Call (269) 934-3708 or email sales@ravitron.com.
Our customers save an average of 30% to 50% their phone bill.
www.Ravitron.com



NEXTGen
FOR A YOUNG, VIBRANT JEWISH MICHIANA

COSMIC BOWLING

January 21 @ 8:30 PM
Calling all 21-45 year olds!
Join us at Chippewa Bowl for glow bowling and drinks.
\$20 includes your shoe rental, 2 hours of bowling & 1 drink.

SCAN TO RSVP



STAFF

Sheri Alpert

Michiana Jewish Film Festival Director
SheriA@TheJewishFed.org
574-233-1164 x1804

Dan Cossman

Operations Manager
DCossman@TheJewishFed.org
574-233-1164 x1801

Bob Feferman

Community Relations Director
RFeferman@TheJewishFed.org
572-233-1164 x1815

Shirlee Greenwald

Israel Program Director
Israel@TheJewishFed.org
574-233-1164 x1807

Steve Lotter

Director of Community Engagement
Steve@TheJewishFed.org
574-233-1164 x1805

Nancy Kennedy

JFS Associate
JewishFamilyServicesBH@TheJewishFed.org
574-233-1164 x1020

Rabbi Fred Nebel

JFS Director
RabbiNebel@TheJewishFed.org
574-233-1164 x1806

Dan Ravitch

Program Director
DRavitch@TheJewishFed.org
574-233-1164 x1819

Jon Ravitch

Facility Associate
JRavitch@TheJewishFed.org
574-233-1164 x1810

Judy Sassler

Administrative Assistant
JudyS@TheJewishFed.org
574-233-1164 x1820

EXECUTIVE COMMITTEE

Alon Shemesh

President

Moshe Kruger

Executive Director
MKruger@TheJewishFed.org
574-233-1164 x1802

Cristyne Porile

Vice President

Sarah Nerenberg

Vice President

Mara Boettcher

Treasurer

Allen Stenberg

Secretary

Michael Kirsch

Immediate Past President

BOARD OF DIRECTORS

Deena Abraham

Josh Brown

Sarah Feldbaum

Ben Finan

Marlene Hollenkamp

Ruth Kremer

Elisheva Lerman

Megan New

Jennifer Schwartz

Aviva Wulfsohn

We Thank the Following Contributors:

Barbara & Charles Asher

Rolla Baumgartner

Marsha Brook

Tammie & Alan Brown

Phyllis & Jerry DeVorkin

Paula & Michael Perlstein

Amy Richman

Ina & Irv Rosenberg

Debbie Rosenfeld

Timothy Ryan

Paul & Debbie Sandock

Sandra & Rick Schpok

Susan Shapiro

Spencer & Christy Stone & Family

Barbara Wind

Victoria Wolf

Terry & Jeffrey Zelvy

Who Contributed To:

Jewish Federation of St. Joseph Valley

JFS Food Pantry

Lisa Lerman Community Bridge Fund

Neil & Leah Silver Advanced Degree Scholarship Fund

In Honor of:

Moshe Kruger &

Karen Richman's

Anniversary

In Memory of:

Gertrude Cohen

Jeffrey Davis

Roger Hamburg

Lisa Lerman

Abe Marcus

Blanche Rosenberg

Pam Rubenstein

Carol Rubin

Molly Schragger

Burton Schwartz

John Stephenson

Jerome Weinstein

MICHIANA JEWISH
HISTORICAL SOCIETY

be part of our



year of the
story

2023

Writer & historian **Gabrielle Robinson**
returns for...

Telling Our Stories

A workshop for anyone with a story to tell

Sunday, January 29, 11:00 AM
at the Jewish Federation

michiana jewish
historical society







Jewish Federation
OF ST. JOSEPH VALLEY



<<First Name>> <<Last Name>>
<<Street Address>>
<<City>> <<State>> <<ZIP>>

January
 Tevet - Shevat 5783

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NEW YEAR'S DAY	2 FEDERATION OFFICE CLOSED	3 9:15–10:00 AM Women's Zumba	4 1:00–4:00 PM Mahjong	5 9:15–10:00 AM Women's Zumba 4:00 PM Federation Book Club	6  5:11 PM	7 Parshat Vayechi Havdallah 6:13 PM
8 10:00 AM–NOON PJ Library Pajama Party	9 1:00–4:00 PM Mahjong	10 9:15–10:00 AM Women's Zumba	11 1:00–4:00 PM Mahjong	12 9:15–10:00 AM Women's Zumba	13  5:19 PM	14 Parshat Shemot Havdallah 6:20 PM
15 10:30 AM FED Talks - Aaron Perri	16 1:00–4:00 PM Mahjong	17 9:15–10:00 AM Women's Zumba	18 1:00–4:00 PM Mahjong	19 9:15–10:00 AM Women's Zumba	20  5:27 PM	21 8:30 PM NEXTGen: Cosmic Bowling Parshat Va'era Havdallah 6:29 PM
22 3:00 PM SaBaBaH meet-up	23 1:00–4:00 PM Mahjong	24 9:15–10:00 AM Women's Zumba	25 1:00–4:00 PM Mahjong	26 9:15–10:00 AM Women's Zumba	27  5:36 PM	28 Parshat Bo Havdallah 6:37 PM
29 11:00 AM Telling Our Stories Workshop	30 1:00–4:00 PM Mahjong	31 9:15–10:00 AM Women's Zumba 7:00 PM Community Challah Bake	<p style="text-align: center;"> Visit OurCommunityNewsletter.org for a digital, mobile-friendly version of this newsletter with easy to share articles & exclusive online content! </p>			

Visit TheJewishFed.org/Events to register. Have an event to add to our calendar? Call 574-233-1164.